

**ASHI CPR, AED training:** This program helps develop basic CPR AED knowledge, skills, and the confidence to respond. This CPR AED program presented by Field Training Services is consistent with the recommendations of the 2015 National First Aid Science Advisory Board and OSHA's best practices for first aid training programs in the work place.

## 2 Year certification program

Welcome to Field Training Services, we are a national training center approved by the American Safety and Health Institute to render safety education, certification courses. Our Adult CPR AED training certifications are valid for a period of 24 months once completed.

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### Intended audience

Individuals who require or desire Adult CPR, AED knowledge and skills; including emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters.

### Class options:

Adults, Child, and Infant

- Traditional Classroom
- Blended learning

### Max student to Instructor

ratio: 10 to 1

Recommended student to equipment ratio: 3 to 1

Successful completion (certification)

### Written evaluation:

Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care.

### Performance evaluation:

All students must perform required skills competently without assistance.

### Recognized certification period:

Up to 2 years

### Recommended time to complete:

Initial training: 2-3 hours

Renewal training: Less than initial instructional time

### Course Topics – Adult CPR

- Sudden Cardiac Arrest
- Early Defibrillation
- CPR and AED Provider
- Respiratory and Circulatory Systems
- Chain of Survival
- Basic CPR—Chest Compressions
- Basic CPR—Rescue Breaths
- Basic CPR—Primary Assessment
- Unresponsive and Not Breathing—CPR
- Automated External Defibrillators (AEDs)
- Basic AED Operation
- troubleshooting and
- Other Considerations
- Choking

